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## **Help shape the future of dementia support in Scotland**

Town Break Dementia Support is seeking an inspiring and committed individual to become the next Chair of our Board of Trustees.

For almost three and a half decades, Town Break has supported people living with dementia and their unpaid carers to remain connected, active and engaged in their communities. As we approach our 34th year, we continue to build on that legacy through relationship-based support, community activities, carer support and meaningful opportunities for connection. This is an exciting opportunity to lead a respected and ambitious charity at a pivotal point in its development, helping shape how dementia support evolves for the future.

Demand for dementia support continues to grow, and Town Break is well placed to build on its strong foundations, deepen its impact and reach more people who need support. As Chair, you will help guide the organisation through its next chapter, ensuring it remains financially sustainable, strategically focused and true to its values.

As Chair, you will lead the Board of Trustees, work closely with the Chief Executive and play a key role in shaping the future direction of the organisation. You will help ensure Town Break continues to deliver high-quality services, maintain strong governance and respond confidently to the opportunities and challenges ahead.

### **Key Responsibilities:**

- Lead and support the Board of Trustees in fulfilling its governance, legal and strategic responsibilities.
- Ensure the charity operates in line with its charitable purposes and Scottish charity law.
- Provide oversight of the organisation's long-term priorities and future development.
- Chair Board meetings and promote effective decision-making.
- Support and challenge the Chief Executive in delivering the charity's objectives.
- Ensure appropriate oversight of finance, risk, safeguarding and organisational performance.
- Promote high standards of integrity, accountability and transparency.
- Act as an ambassador for Town Break with partners, stakeholders and supporters.

### **We are looking for someone who can bring:**

- Strong leadership and communication skills.
- Strategic thinking and sound judgement.
- Experience of governance, leadership or organisational oversight.
- An understanding of financial stewardship and risk management.
- A commitment to inclusion, dignity and person-centred values.

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**Patron: Events Host and Radio Presenter, Gina McKie** [@ginaontheradio](#)

**Volunteer Project of the Year Award: Health 2017**  
**Volunteer Friendly Award 2017 – 2020**

Registered Scottish Charity No. SC020526  
(A Scottish Charitable Incorporated Organisation)  
Registered Office: 1 Springkerse Road, Stirling, FK7 7SN.



- A genuine commitment to improving outcomes for people living with dementia and those who support them.

### **Why Join Us**

This is a chance to make a lasting difference to the lives of people living with dementia and their families, while helping guide the future of an organisation with a proud 34-year history and an ambitious vision for the years ahead.

The role is voluntary, with reasonable expenses reimbursed.

For an informal conversation about the role, or to request an application pack, please contact:

Helen Duncan  
Chief Executive Officer  
Town Break Dementia Support  
1 Springkerse Road  
Stirling  
FK7 7SN

T: 01786 641841  
E: [helen@townbreak.org](mailto:helen@townbreak.org)

Join us in helping ensure that nobody faces dementia alone.

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